Before prescribing, consult full prescribing information: https://www.swissmedicinfo.ch/ Disclaimer: This link will contain the most updated product information approved by the reference

Information for patients

Read this leaflet carefully before taking/using this medicine. This medicine has been prescribed for you personally. Do not pass it on to anyone else. It may harm them even if their symptoms are the same as yours. Keep this leaflet. You may want to read it again later.

What Voltfast is and what it is used for

This medicine is used on prescription from a doctor.

Voltfast contains the potassium salt of diclofenac, non-steroidal active substance, and has significant pain-relieving and anti-inflammatory properties Taking Voltfast can relieve symptoms of inflammation such as pain and swelling by blocking the synthesis the molecules (prostaglandins) responsible for inflammation, pain and fever. However, it cannot treat the cause It takes effect within about 30 minutes.

Voltfast is used on prescription from your doctor for the short-term treatment (maximum 3 days) of acute illnesses when it is particularly important that the medicine takes effect quickly, such as in the following cases: painful inflammation following injuries (e.g. strains and sprains), inflammation and pain following dental or orthopaedic surgery, gynaecological pain and inflammation. migraine attacks with or without aura, back and neck pain, soft-tissue rheumatism and as an additional treatment for various acute infections, particularly of the ear. nose and throat

Voltfast should not be used to reduce fever only.

Do not use Voltfast if you are allergic to any of the ingre-

If you have heart disease or have significant risk factors for heart disease, your doctor will regularly re-assess whether you should continue treatment with Voltfast. particularly if your treatment lasts more than 4 weeks.

Do not take Voltfast

dients or have experienced difficulty breathing or allergy-like skin reactions such as swelling of the face, lips. tongue, throat and/or extremities (signs of angioedema) after taking acetylsalicylic acid or other medicines used to treat pain or inflammation (non-steroidal anti-inflammatory drugs), are in the last trimester of pregnancy, have longer than 4 weeks an active ulcer of the stomach and/or small intestine (duodenal ulcer), gastrointestinal bleeding or perforation or symptoms such as bloody or black stool, chronic intestinal inflammation (Crohn's disease, ulcerative colitis). liver or kidney failure, severe heart failure or to treat pair following coronary bypass surgery on the heart (or use of a heart-lung machine). Voltfast must not be used by children under 14 years of age.

If any of the above applies to you, tell your doctor and do not take Voltfast. Your doctor will decide whether this medicine is suitable for you.

If you think you may be allergic, ask your doctor for advice.

Warnings and precautions

Mucosal ulcers, bleeding (rare) or (in isolated cases) perforation (rupture of the stomach or intestine) may occur in the upper gastrointestinal tract during treatment with Volt fast. These complications may occur at any time during treatment, even without warning symptoms. To reduce this risk, your doctor will prescribe the lowest effective dose for the shortest possible treatment period. Consulyour doctor if you have stomach pain and think that it may have something to do with taking this medicine.

Caution is required if you have a heart or blood vessel disease (cardiovascular disease, including uncontrolled high blood pressure, heart failure, ischaemic heart dis ease or peripheral arterial disease) as treatment with Voltfast is usually not recommended. to drive or use tools or machines.

Caution is required if you have recently had surgery of your stomach/intestine or if you are soon due to have such surgery.

If you have a cardiovascular disease (see above) or significant risk factors such as high blood pressure abnormally high levels of fat in your blood (cholesterol triglycerides), diabetes or if you smoke, and your doctor decides to prescribe you Voltfast, you must not increase the dose above 100 mg per day if you are treated for

It is generally important to use the lowest dose of Voltfast that relieves your pain and/or swelling and to use for the shortest time possible to keep your risk of cardiorare liver problem known as porphyria. vascular side effects as low as possible.

Certain painkillers called COX-2 inhibitors have been you take Voltfast. shown to increase the risk of heart attack and stroke when given at high dosages and/or during long-term treatment. It is not known if this increased risk also applies to Voltfast. If you have ever had a heart attack. stroke or venous thrombosis (blood clot in a vein) or if you have risk factors such as high blood pressure, diahave any other illnesses. betes, high levels of fat in your blood or if you smoke, have any allergies or

your doctor will decide if you can use Voltfast. If any of the above applies to you, tell your doctor. (including non-prescription medicines).

Taking Voltfast may affect the function of your kidneys. lithium or selective serotonin reuptake inhibitors (SSRIs: which may cause an increase in blood pressure and/or a build-up of fluid (oedema). Tell your doctor if you have used to treat depression), digoxin (for heart problems) diuretics (to increase urination). ACE inhibitors or beta heart disease or kidney disease, if you are taking medicine for high blood pressure (e.g. diuretics ("water pills"). blockers (for high blood pressure and heart problems) ACE inhibitors), or if you experience an increase in fluid other anti-inflammatory medicines such as acetylsalicylic loss (e.g. through heavy sweating). acid or ibuprofen, corticosteroids, medicines used to

In very rare cases anti-inflammatory medicines (including prevent blood clots (anticoagulants), medicines (e.g. Voltfast) may cause severe skin reactions (e.g. rash). metformin) used to treat diabetes (except insulin), metho Stop treatment with Voltfast immediately at the first trexate (used to treat arthritis and cancer), ciclosporin or signs of any skin reaction and tell your doctor. tacrolimus (used in organ transplantation), trimethoprim This medicine may affect your reactions and your ability (used to treat urinary tract infections), quinolone antibiot-

ics (medicines used to treat infections) or voriconazole If you experience dizziness, visual disturbances or other (a medicine used to treat fungal infections), phenytoin (a medicine used to treat epileptic seizures), rifampicin (an central nervous system disorders in particular, do not drive or use machines and consult your doctor immeantibiotic used to treat bacterial infections)

Furthermore, particular caution is required if you are taking Voltfast at the same time as other anti-inflammatory medicines (such as acetylsalicylic acid, corticosteroids). "blood thinners" (anticoagulants) or selective serotonin Severe skin reactions have been reported in connection. reuptake inhibitors (SSRIs: medicines used to treat depression), if you have asthma, hav fever (seasonal allergic rhinitis), liver or kidney problems, blood clotting disorders or other problems with the blood, including a

If any of the above applies to you, tell your doctor before immediately as these may be the first signs of a very se-

If you experience any signs or symptoms of problems vere skin reaction (see "Possible side effects" section). with your heart or blood vessels such as chest pain. Caution is required in elderly patients, particularly those shortness of breath, weakness or slurring of speech who are frail or with a low body weight. They may be more sensitive to the effects of Voltfast. Therefore, as while using Voltfast, contact your doctor immediately Tell your doctor or pharmacist if you: a precaution, they should use the lowest effective dose.

ful if you have phenylketonuria (PKLI), a rare hereditary are taking or externally applying any other medicines disorder that leads to the accumulation of phenylalaning particularly if you are taking the following medicines: because the body cannot sufficiently metabolise it.

This medicinal product contains less than 1 mmo (23 mg) of sodium per sachet, making it practically so-

Pregnancy and breast-feeding

You should not take Voltfast unless it is absolutely ne essary and you have been prescribed it by a doctor. I vou are taking this medicine in the first 6 months of pregnancy, the dose should be as low as possible and treatment should last for as short a period of time as possible Taking non-steroidal anti-inflammatory drugs (NSAIDs) from the 20th week of pregnancy onwards may harm your unborn child. If you have to take NSAIDs for more than 2 days, your doctor may have to monitor the amount of amniotic fluid in your womb and your unborn child's heart. If you are pregnant or plan to become pregnant, you

Voltfast may reduce the signs of an infection (e.g. headache, high body temperature) and therefore make more difficult to detect and appropriately treat the inshould only take Voltfast if this has been discussed with your doctor. Do not take Voltfast in the last trimester of

This medicine contains 50 mg of aspartame per sachet.

Aspartame is a source of phenylalanine. It can be harm-

with non-steroidal anti-inflammatory drug (NSAID) treat-Breast-feeding ment. The risk of reactions of this type appears to be Voltfast should not be taken during breast-feeding unless highest at the start of treatment. If you experience a your doctor has expressly allowed you to do so. skin rash, including fever, lesions of the mucous membranes, blisters or other signs of an allergy, you should How to use Voltfast stop treatment with Voltfast and seek medical treatment Dosage and administration will be decided by your doc-

pregnancy.

tor based on the severity of your illness. Follow your doctor's instructions carefully. Do not exceed the recommended daily dose and treatment duration prescribed by your doctor.

If you use Voltfast for longer than a few weeks, yo should consult your doctor for regular check-ups to ensure that you are not experiencing any unnoticed side

Adults: 100-150 mg per day. For milder cases and chil dren over 14 years of age 50-100 mg per day is usually sufficient. The daily dose should always be divided into 1-2 separate doses. Do not exceed the maximum daily dose of 150 mg.

> For period pain start treatment with a single dose of 50-100 mg as soon as you experience the first symptoms If required, continue treatment for a few days with up to 50 mg three times daily.

For migraine attacks start by taking one 50 mg Voltfast sachet at the first signs of a migraine attack. If pain relief is not sufficient approximately 2 hours after taking the first dose, you may take the contents of another 50 mg sachet. If necessary, you may take additional 50 mg doses at intervals of 6-8 hours, but you must not exceed the maximum dose of 150 mg (three 50 mg sachets) Very rare (affects fewer than 1 in 10,000 users) within 24 hours

Dissolve the contents of a sachet by stirring into a glass of (non-carbonated) water, then drink. The solution may remain slightly cloudy, but this does not impact the effectiveness of this medicine. The solution should preferably be taken before meals.

Do not change the prescribed dosage vourself. If you think the effect of your medicine is too weak or too strong, talk to your doctor or pharmacist.

Possible side effects

sea, vomiting, diarrhoea, stomach problems, abdominal pain, flatulence, decreased appetite, rash, fluid build-ur swelling, increased blood pressure, change in liver function (e.g. increased liver enzyme concentration in the blood).

Uncommon (affects 1 to 10 in 1,000 users)

dose (150 mg) over a longer period); sudden chest pain with a sensation of tightness/heaviness (sign of a heart attack): difficulty breathing, difficulty breathing when lying down, swelling of the feet or legs (signs of heart failure)

Rare (affects 1 to 10 in 10,000 users) Rare: Hypersensitivity reactions (allergic reactions)

with swelling in the face, mouth, limbs (may include decreased blood pressure and shock), asthma, drowsiness, inflammation and ulcers of the gastrointestina tract, vomiting blood, bloody diarrhoea, liver function problems, liver inflammation, jaundice (very rare; liver failure). hives. Unknown frequency: sudden chest pain and allergic reactions (signs of Kounis syndrome).

Very rare: Changes in blood count, unusual bleeding. bruising, mental health problems (including sleeples ness, irritability), discomfort, memory problems, convulsions, anxiety, tremor, abnormal sense of taste, visual disturbance*, visual impairment, noises in the ear(s),

reduced hearing, stiff neck, inflammation of the blood vessels/lungs/large intestine, constipation, pancreas inflammation, inflammation of the mucous membranes of the mouth, tongue inflammation, eczema, itching, in-

ered to rule out other causes

Frequency not known: A severe skin reaction known as

DRESS syndrome may occur. Symptoms of DRESS i

crease in eosinophils (a type of white blood cell).

clude skin rash, fever, swollen lymph nodes and an in

problems, blood in the urine. The following side effects may occur when taking Volt-* Visual disturbance: If you experience symptoms of

Common (affects 1 to 10 in 100 users)

Common: Headache, light-headedness, dizziness, nau-

Tell your doctor if you experience any of these side ef-Uncommon (occur particularly when taking a high daily

> If you notice any side effects which are not describe here, tell your doctor or pharmacist.

Further information

Do not use after the expiry date (= EXP) printed on the

Storage instructions

Keep out of the reach of children. Protect from moisture and do not store above 25°C.

Additional information

Your doctor or pharmacist will be able to give you more information. They have access to the full prescribing in

What Voltfast contains

Active substances

1 sachet contains 50 mg diclofenac potassium

Other ingredients

formation

1 sachet contains 50 mg of aspartame (E951), saccharin sodium, mannitol, mint and anise flavouring agent potassium hydrogen carbonate, glyceryl dibehenate Information might differ in some countries

flamed, red skin, hair loss, bleeding skin, acute kidney Availability/pack sizes

Available only in pharmacies with a doctor's prescription 50 mg sachet: 3x10.

50 mg sachet: 3x3

visual disturbance during treatment with Voltfast, con 50 mg sachet: 3x1 tact your doctor. An eve examination may be consid-

Not all pack sizes may be marketed in your country.

Manufacturer

Manufactured by Mipharm S.p.A., Milan, Italy for Novartis Pharma AG, Basle, Switzerland

This leaflet was last reviewed by the Swiss Agency for Therapeutic Products (Swissmedic) in January 2023.

R = registered trademark

Novartis Pharma AG. Basle. Switzerland

This is a medicament

- A medicament is a product which affects your health. and its consumption contrary to instructions is danger-
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicine, its benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting vour doctor.

Keep medicaments out of reach of children

Council of Arab Health Ministers Union of Arab Pharmacists