



Before prescribing, consult full prescribing information: <https://www.swissmedicinfo.ch/>
Disclaimer: This link will contain the most updated product information approved by the reference country.

Information for patients
Read this leaflet carefully before taking/using this medicine. This medicine has been prescribed for you personally. Do not pass it on to anyone else. It may harm them even if their symptoms are the same as yours.
Keep this leaflet. You may want to read it again later.

Voltfast®

What Voltfast is and what it is used for
This medicine is used on prescription from a doctor. Voltfast contains the potassium salt of diclofenac, a non-steroidal active substance, and has significant pain-relieving and anti-inflammatory properties. Taking Voltfast can relieve symptoms of inflammation such as pain and swelling by blocking the synthesis of the molecules (prostaglandins) responsible for inflammation, pain and fever. However, it cannot treat the causes. It takes effect within about 30 minutes.

Warnings and precautions
Mucosal ulcers, bleeding (rare) or (in isolated cases) perforation (rupture of the stomach or intestine) may occur in the upper gastrointestinal tract during treatment with Voltfast. These complications may occur at any time during treatment, even without warning symptoms. To reduce this risk, your doctor will prescribe the lowest effective dose for the shortest possible treatment period. Consult your doctor if you have stomach pain and think that it may have something to do with taking this medicine. Caution is required if you have a heart or blood vessel disease (cardiovascular disease, including uncontrolled high blood pressure, heart failure, ischaemic heart disease or peripheral arterial disease) as treatment with Voltfast is usually not recommended. Caution is required if you have recently had surgery on your stomach/intestine or if you are soon due to have such surgery. If you have a cardiovascular disease (see above) or significant risk factors such as high blood pressure, abnormally high levels of fat in your blood (cholesterol, triglycerides), diabetes or if you smoke, and your doctor decides to prescribe you Voltfast, you must not increase the dose above 100 mg per day if you are treated for longer than 4 weeks. It is generally important to use the lowest dose of Voltfast that relieves your pain and/or swelling and to use it for the shortest time possible to keep your risk of cardiovascular side effects as low as possible. Certain painkillers called COX-2 inhibitors have been shown to increase the risk of heart attack and stroke when given at high dosages and/or during long-term treatment. It is not known if this increased risk also applies to Voltfast. If you have ever had a heart attack, stroke or venous thrombosis (blood clot in a vein) or if you have risk factors such as high blood pressure, diabetes, high levels of fat in your blood or if you smoke,

your doctor will decide if you can use Voltfast. If any of the above applies to you, tell your doctor. Taking Voltfast may affect the function of your kidneys, which may cause an increase in blood pressure and/or a build-up of fluid (oedema). Tell your doctor if you have heart disease or kidney disease, if you are taking medicine for high blood pressure (e.g. diuretics ("water pills"), ACE inhibitors), or if you experience an increase in fluid loss (e.g. through heavy sweating). In very rare cases anti-inflammatory medicines (including Voltfast) may cause severe skin reactions (e.g. rash). Stop treatment with Voltfast immediately at the first signs of any skin reaction and tell your doctor. This medicine may affect your reactions and your ability to drive or use tools or machines. If you experience dizziness, visual disturbances or other central nervous system disorders in particular, do not drive or use machines and consult your doctor immediately. Furthermore, particular caution is required if you are taking Voltfast at the same time as other anti-inflammatory medicines (such as acetylsalicylic acid, corticosteroids), "blood thinners" (anticoagulants) or selective serotonin reuptake inhibitors (SSRIs; medicines used to treat depression), if you have asthma, hay fever (seasonal allergic rhinitis), liver or kidney problems, blood clotting disorders or other problems with the blood, including a rare liver problem known as porphyria. If any of the above applies to you, tell your doctor before you take Voltfast. If you experience any signs or symptoms of problems with your heart or blood vessels such as chest pain, shortness of breath, weakness or slurring of speech while using Voltfast, contact your doctor immediately. Tell your doctor or pharmacist if you: have any other illnesses, have any allergies or

are taking or externally applying any other medicines (including non-prescription medicines), particularly if you are taking the following medicines: lithium or selective serotonin reuptake inhibitors (SSRIs; used to treat depression), digoxin (for heart problems), diuretics (to increase urination), ACE inhibitors or beta blockers (for high blood pressure and heart problems), other anti-inflammatory medicines such as acetylsalicylic acid or ibuprofen, corticosteroids, medicines used to prevent blood clots (anticoagulants), medicines (e.g. metformin) used to treat diabetes (except insulin), methotrexate (used to treat arthritis and cancer), ciclosporin or tacrolimus (used in organ transplantation), trimethoprim (used to treat urinary tract infections), quinolone antibiotics (medicines used to treat infections) or voriconazole (a medicine used to treat fungal infections), phenytoin (a medicine used to treat epileptic seizures), rifampicin (an antibiotic used to treat bacterial infections). Voltfast may reduce the signs of an infection (e.g. headache, high body temperature) and therefore make it more difficult to detect and appropriately treat the infection. Severe skin reactions have been reported in connection with non-steroidal anti-inflammatory drug (NSAID) treatment. The risk of reactions of this type appears to be highest at the start of treatment. If you experience a skin rash, including fever, lesions of the mucous membranes, blisters or other signs of an allergy, you should stop treatment with Voltfast and seek medical treatment immediately as these may be the first signs of a very severe skin reaction (see "Possible side effects" section). Caution is required in elderly patients, particularly those who are frail or with a low body weight. They may be more sensitive to the effects of Voltfast. Therefore, as a precaution, they should use the lowest effective dose. This medicine contains 50 mg of aspartame per sachet. Aspartame is a source of phenylalanine. It can be harm-

ful if you have phenylketonuria (PKU), a rare hereditary disorder that leads to the accumulation of phenylalanine, because the body cannot sufficiently metabolise it. This medicinal product contains less than 1 mmol (23 mg) of sodium per sachet, making it practically sodium-free.

Pregnancy and breast-feeding
Pregnancy
You should not take Voltfast unless it is absolutely necessary and you have been prescribed it by a doctor. If you are taking this medicine in the first 6 months of pregnancy, the dose should be as low as possible and treatment should last for as short a period of time as possible. Taking non-steroidal anti-inflammatory drugs (NSAIDs) from the 20th week of pregnancy onwards may harm your unborn child. If you have to take NSAIDs for more than 2 days, your doctor may have to monitor the amount of amniotic fluid in your womb and your unborn child's heart. If you are pregnant or plan to become pregnant, you should only take Voltfast if this has been discussed with your doctor. Do not take Voltfast in the last trimester of pregnancy.
Breast-feeding
Voltfast should not be taken during breast-feeding unless your doctor has expressly allowed you to do so.

Possible side effects
The following side effects may occur when taking Voltfast:
Common (affects 1 to 10 in 100 users)
Common: Headache, light-headedness, dizziness, nausea, vomiting, diarrhoea, stomach problems, abdominal pain, flatulence, decreased appetite, rash, fluid build-up, swelling, increased blood pressure, change in liver function (e.g. increased liver enzyme concentration in the blood).

Uncommon (affects 1 to 10 in 1,000 users)
Uncommon (occur particularly when taking a high daily dose (150 mg) over a longer period): sudden chest pain with a sensation of tightness/heaviness (sign of a heart attack); difficulty breathing, difficulty breathing when lying down, swelling of the feet or legs (signs of heart failure).
Rare (affects 1 to 10 in 10,000 users)
Rare: Hypersensitivity reactions (allergic reactions) with swelling in the face, mouth, limbs (may include decreased blood pressure and shock), asthma, drowsiness, inflammation and ulcers of the gastrointestinal tract, vomiting blood, bloody diarrhoea, liver function problems, liver inflammation, jaundice (very rare: liver failure), hives. Unknown frequency: sudden chest pain and allergic reactions (signs of Kounis syndrome).
Very rare (affects fewer than 1 in 10,000 users)
Very rare: Changes in blood count, unusual bleeding, bruising, mental health problems (including sleeplessness, irritability), discomfort, memory problems, convulsions, anxiety, tremor, abnormal sense of taste, visual disturbance*, visual impairment, noises in the ear(s), reduced hearing, stiff neck, inflammation of the blood vessels/lungs/large intestine, constipation, pancreas inflammation, inflammation of the mucous membranes of the mouth, tongue inflammation, eczema, itching, inflamed, red skin, hair loss, bleeding skin, acute kidney problems, blood in the urine.
* Visual disturbance: If you experience symptoms of a visual disturbance during treatment with Voltfast, contact your doctor. An eye examination may be considered to rule out other causes.
Frequency not known: A severe skin reaction known as DRESS syndrome may occur. Symptoms of DRESS include skin rash, fever, swollen lymph nodes and an increase in eosinophils (a type of white blood cell).

Tell your doctor if you experience any of these side effects.
If you notice any side effects which are not described here, tell your doctor or pharmacist.

Further information
Do not use after the expiry date (= EXP) printed on the pack.
Storage instructions
Keep out of the reach of children.
Protect from moisture and do not store above 25°C.
Additional information
Your doctor or pharmacist will be able to give you more information. They have access to the full prescribing information.

What Voltfast contains
Active substances
1 sachet contains 50 mg diclofenac potassium
Other ingredients
1 sachet contains 50 mg of aspartame (E951), saccharin sodium, mannitol, mint and anise flavouring agent, potassium hydrogen carbonate, glyceryl dibehenate
Information might differ in some countries

This leaflet was last reviewed by the Swiss Agency for Therapeutic Products (Swissmedic) in January 2023.

® = registered trademark

Novartis Pharma AG, Basle, Switzerland

This is a medicament
– A medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
– Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
– The doctor and the pharmacist are experts in medicine, its benefits and risks.
– Do not by yourself interrupt the period of treatment prescribed for you.
– Do not repeat the same prescription without consulting your doctor.

Keep medicaments out of reach of children

Council of Arab Health Ministers
Union of Arab Pharmacists